

PRISIAU GWEITHGAREDDAU SYCH DRY ACTIVITY PRICES



FFITRWYDD . FITNESS			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n Iach With Byw'n Iach Card	Heb Gerdyn Byw'n Iach Without Byw'n Iach Card
DOSBARTH FFITRWYDD . FITNESS ROOM			
Dosbarth Ffitrwydd Fitness Class	Oedolyn . Adult	£6.00	£8.00
	Consesiwn . Concession	£4.50	£6.00
Sesiwn Uned Partneriaethau e.e. Pobl Ifanc neu Actif am Oes Partnership Unit Session e.g. Young Pople or Active for Life		£3.00	£6.30
Sesiwn Ungiol NERS . NERS single session		£3.00	
Cynllun NERS 16 wythnos (talu o flaen llaw) NERS 16 week scheme (pre-paid)		£96.00	
YSTAFELL FFITRWYDD . FITNESS ROOM			
Defnydd Yst Ffitrwydd Fitness Room Use	Oedolyn . Adult	£6.00	£8.00
	Consesiwn . Concession	£4.50	£6.00
Anwythiad Oedolyn Adult Induction	Oedolyn . Adult	£14.90	£20.00
	Consesiwn . Concession	£11.20	£15.00
	Plentyn . Child	Am Ddim . Free	
HYFFORDDIANT PERSONNOL . PERSONAL SESSION			
Hyfforddiant Personol 1:1 . 1:1 Fitness Instruction		£44.30	
1:1 pecyn llawn . 1:1 Full Package		£255.00	
1:1 Sesiwn hyfforddi penodol . 1:1 Specific training session		£44.30	
1:2 Sesiwn Hyfforddi Penodol . 1:2 Specific training session		£51.00	
Asesiad Iechyd a Ffitrwydd . Health and Fitness Assessment		£44.30	
Cyngor Maeth . Nutrition Advice		£44.30	
Mesuriadau Cyfansoddiad Y Corff . Body Composition Measurements (BodyStat)		£19.20	
Sesiwn Pasbort Ffitrwydd . Fitness Passport Session		£3.00	£6.30

DEFNYDDIWR . USER		Cyda Cerdyn Byw'n Iach With Byw'n Iach Card	Heb Gerdyn Byw'n Iach Without Byw'n Iach Card
GWEITHGAREDD IECHYD . HEALTH ACTIVITIES			
Sawna a Nofio Sauna and Swim	Oedolyn . Adult	£8.30	£10.80
	Consesiwn . Concession	£6.30	£8.10
Ystafell Ffitrwydd + Sawna Fitness Room + Sauna	Oedolyn . Adult	£10.10	£13.30
	Consesiwn . Concession	£7.60	£10.00
Ystafell Ffitrwydd + Sawna + Nofio Fitness Suite + Sauna + Swimming	Oedolyn . Adult	£12.40	£16.40
	Consesiwn . Concession	£9.30	£12.30
Sawna + Stêm + Nofio Sawna + Steam + Swim	Oedolyn . Adult	£7.50	£10.00
	Consesiwn . Concession	£5.70	£7.50
Ystafell Ffitrwydd a Nofio Fitness Room + Swim	Oedolyn . Adult	£10.10	£13.30
	Consesiwn . Concession	£7.60	£10.00
Tocyn Sawna . Sauna Ticket	Oedolyn . Adult	£6.20	£8.20
	Consesiwn . Concession	£4.70	£6.20

DEFNYDDIWR . USER		Cyda Cerdyn Byw'n Iach With Byw'n Iach Card
CAMP AU CHWARAEON . SPORT CAMP		
Camp Chwaraeon Bach (dydd) . Small Sport Camp (day)		£6.30
Camp Chwaraeon Bach (wythnos) . Small Sport Camp (week)		£24.40
Camp Chwaraeon (dydd) . Sport Camp (day)		£14.70
Camp Chwaraeon (wythnos) . Sport Camp (week)		£63.00

YSTAFELL GYFARFOD . MEETING ROOM		
	Cyda Cerdyn Byw'n Iach With Byw'n Iach Card	Heb Gerdyn Byw'n Iach Without Byw'n Iach Card
Ystafelloedd Cyfarfod bach (hyd at 2 awr) Small Meeting Rooms (up to 2 hours)	£29.00	£39.30
Ystafell Cyfarfod Mawr (hyd at 2 awr) Large Meeting Room (up to 2 hours)	£40.30	£54.00

CHWARAEON DAN DO . INDOOR SPORTS			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n Iach With Byw'n Iach Card	Heb Gerdyn Byw'n Iach Without Byw'n Iach Card
NEUADD . HALL			
Neuadd Llawn Full Hall	Oedolyn . Adult	£54.00	£74.00
	Consesiwn . Concession	£40.50	£56.00
1/2 Neuadd 1/2 Hall	Oedolyn . Adult	£27.00	£37.00
	Consesiwn . Concession	£20.25	£28.00
1/4 Neuadd 1/4 Hall	Oedolyn . Adult	£13.50	£18.50
	Consesiwn . Concession	£10.15	£14.00
CHWARAEON RACED . RACKET SPORTS			
Badminton	Oedolyn . Adult	£13.50	£18.50
	Consesiwn . Concession	£10.15	£14.00
Tenis Bwrdd . Table Tennis	Oedolyn . Adult	£7.40	£9.80
	Consesiwn . Concession	£5.60	£7.40
Sboncen . Squash	Oedolyn . Adult	£9.80	£13.20
	Consesiwn . Concession	£7.40	£9.90

TENIS . TENNIS			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n Iach With Byw'n Iach Card	Heb Gerdyn Byw'n Iach Without Byw'n Iach Card
CYRTIAU MEWNOL . INSIDE COURTS			
Cyrtiau Mewnol Inside Courts	Oedolyn . Adult	£18.60	£24.70
	Consesiwn . Concession	£14.00	£18.60
Cwrt i weithgareddau eraill (dim tenis) (mewn ac allan) Court for activities (not tennis) (in or out)	Oedolyn . Adult	£44.30	£60.00
	Consesiwn . Concession	£33.30	£45.00
CYRTIAU ALLANOL . OUTSIDE COURTS			
Cwrt Tenis Allanol Outdoor Tennis Court	Oedolyn . Adult	£9.10	£11.80
	Consesiwn . Concession	£6.90	£8.90
Hyfforddiant 1:1 Tenis . 1:1 Tennis Coaching		£20.80	

PARTIEN PENBLWYDD . BIRTHDAY PARTIES		
Parti Mawr - DIY - Llogi gofod yn unig Big Party - DIY - Space hire only		£68.00
Parti Bach - DIY - Llogi 1/2 gofod yn unig Small Party - DIY - Hire 1/2 space only		£48.70
Parti Pwll Mawr + offer + staff + stafell (24 o blant) Big Pool Party + equipment + staff + room (24 children)		£147.00
Parti Pwll Bach + offer + staff + stafell (24 o blant) Small Pool Party + equipment + staff + room (24 children)		£100.00
Parti Gweithgaredd Sych + offer + staff (24 o blant) Dry Activity Party + equipment + staff + room (24 children)		£74.00
Parti Castell Neidio + offer + staff + stafell (24 o blant) Bouncy Castle Party + equipment + staff + room (24 children)		£100.00
Parti Castell Neidio (1/2 neuadd) + offer + staff + stafell (24 o blant) Bouncy Castle Party (1/2 hall) + equipment + staff + room (24 children)		£81.00

SESIYNAU HYFFORDDI CHWARAEON SPORT COACHING SESSIONS			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n Iach With Byw'n Iach Card	Heb Gerdyn Byw'n Iach Without Byw'n Iach Card
CYRSIAU . COURSES			
OEDOLYN ADULT	Cyrsiau Hyfforddi Canolfan 60 munud 60 minute Center Training Courses	£10.00	£13.20
PLANT CHILDREN	Cyrsiau Hyfforddi Canolfan 45 munud (pel droed, sboncen...) 45 minute Center Training Courses (football, squash...)	£6.80	
	Cyrsiau Hyfforddi Canolfan 60 munud (pel droed, sboncen...) 60 minute Center Training Courses (football, squash...)	£8.10	

Consesiwn = 16-24 oed, anabl a phobl dros 60 oed *Noder: Nid yw bob cyfleuster ar gael ymhob canolfan. Amodau'n berthnasol, os ar gael.
Mae Telerau ac Amodau archebu llawn ar gael yn y dderbynfa neu ar www.bywniach.cymru.
Concession = 16-24 yrs, disabled and people over 60 yrs *Note: Not all facilities are available in all centres. If available, conditions apply.
Full booking Terms & Conditions are available from the reception or at www.bywniach.cymru.

PRISIAU GWEITHGAREDDAU GWLYB WATER ACTIVITY PRICES

PWLL NOFIO . SWIMMING POOL			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n Iach With Byw'n Iach Card	Heb Gerdyn Byw'n Iach Without Byw'n Iach Card
NOFIO CYHOEDDUS . PUBLIC SWIMMING			
Oedolyn . Adult		£5.20	£7.00
Consesiwn . Concession		£3.90	£5.30
Plentyn Anabl . Disabled Child		Am Ddim . Free	£4.90
O dan 3 oed . Under 3 yrs		AM DDIM . FREE	
Tocyn Teulu Nofio + Chwaraeon Raced (2 oedolyn + 4 o blant) . Family Swim Ticket + Racket Sport (2 adult + 4 children)		£14.90	£20.00
Lithren Ddwr Water Slide	Oedolyn . Adult	£2.20	£1.70
	Consesiwn . Concession	£3.00	£2.30

YSTAFELLOEDD NEWID . CHANGING ROOMS			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n Iach With Byw'n Iach Card	Heb Gerdyn Byw'n Iach Without Byw'n Iach Card
YSTAFELL NEWID . CHANGING ROOMS			
Defnydd Cawodydd Shower Use	Oedolyn . Adult	£2.30	£2.80
	Consesiwn . Concession	£1.80	£2.10
Huriant Ystafell Newid Changing Rooms Hire	Oedolyn . Adult	£26.10	£34.80
	Consesiwn . Concession	£19.60	£26.10

NOFIO . SWIMMING			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n Iach With Byw'n Iach Card	Heb Gerdyn Byw'n Iach Without Byw'n Iach Card
Gwers Nofio/Plymio Oedolion . Adult Swimming / Diving Lesson		£8.10	£10.50
Hyfforddiant Nofio 1:1 1:1 Swimming Training	Oedolyn . Adult	£47.80	£67.00
	Consesiwn . Concession	£35.90	£51.00
Hyfforddiant Nofio 1:2 1:2 Swimming Training	Consesiwn . Concession	£39.90	£47.90
	Cwrs Nofio Dwys Intensive Swimming Course	Plant . Children	£32.00

PRISIAU CHWARAEON AGORED OPEN SPORTS PRICES

CAEAU SYNTHETIG . SYNTHETIC FIELDS			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n Iach With Byw'n Iach Card	Heb Gerdyn Byw'n Iach Without Byw'n Iach Card
Maes Llawn (1 Awr) Full Pitch (1 Hour)	Oedolyn . Adult	£56.00	£73.00
	Consesiwn . Concession	£42.00	£55.00
Maes Llawn (1 awr a 1/2) Full Pitch (1 hour and 1/2)	Oedolyn . Adult	£81.00	£101.00
	Consesiwn . Concession	£61.00	£76.00
1/2 neu 3/4 Maes (1 Awr) 1/2 or 3/4 Pitch (1 Hour)	Oedolyn . Adult	£44.10	£58.00
	Consesiwn . Concession	£33.10	£43.50
Maes 5/7 Bob Ochr 5/7 a Side Pitch	Oedolyn . Adult	£51.00	£67.00
	Consesiwn . Concession	£38.30	£51.00
MUGA Glan Wnion	Oedolyn . Adult	£32.60	£41.60
	Consesiwn . Concession	£24.50	£31.20

BEICS TRYDAN . ELECTRIC BIKES			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n Iach With Byw'n Iach Card	Heb Gerdyn Byw'n Iach Without Byw'n Iach Card
Defnydd o'r Beics Trydan Electric Bike Usage	Oedolyn . Adult	£12.00	£15.10
	Consesiwn . Concession	£9.00	£11.40

PRISIAU . PRICES



AELODAETH . MEMBERSHIP

Oedolyn . Adult	£25.30
Consesiwn . Concession	£19.00
Plant (o dan 16) . Children (under 16)	Am Ddim . Free

PECYNNAU . PACKAGES

PECYNNAU DEBYD UNIONGYRCHOL MISOL . MONTHLY DIRECT DEBIT PACKAGES

Oedolyn (Anghyfyngedig) Adult (Unlimited)	Ystafelloedd ffitrwydd, dosbarthiadau ffitrwydd, nofio cyhoeddus, gwersi nofio, gwersi plymio, chwaraeon raced, beics trydan*. Cerdyn Byw'n Iach + Anwythiad AM DDIM	£39.99
Consesiwn (Anghyfyngedig) Concession (Unlimited)		£29.99
Amser Ddistaw (9:00-16:00 + Penwythnos) Off Peak (9:00-16:00 + Weekends)		£29.99
Pecyn Pobl Ifanc 11-15 (cynnwys dosbarthiadau Ffit) Young People's Package (including fit class)	Ystafelloedd ffitrwydd, dosbarthiadau ffitrwydd dwysedd isel, nofio cyhoeddus, a chwaraeon raced* Cerdyn Byw'n Iach + Anwythiad AM DDIM (arbed £13) Fitness rooms, low intensity fitness classes, public swimming, and racket sports* + Byw'n Iach Card + FREE Induction (saving £13)	£18.99
Aelodaeth Corfforaethol Corporate Membership	Ystafell ffitrwydd, dosbarthiadau ffitrwydd, nofio cyhoeddus, gwersi nofio, gwersi plymio, chwaraeon raced + Beics Trydan + Anwythiad AM DDIM Fitness Rooms, fitness classes, public swimming, swimming lessons, diving lessons, racket sports + E Bikes + FREE Induction	£34.99
Gwersi Nofio Swimming Lessons	Isafswm o 42 o wersi wythnosol y flwyddyn + Nofio AM DDIM ar gyfer yr holl sesiynau Nofio Cyhoeddus Minimum of 42 weekly lessons per year + FREE swimming for all Public Swimming sessions	£21.99
Gwersi Cymnasteg Gymnastics Lessons	Isafswm o 42 o wersi wythnosol y flwyddyn + Nofio AM DDIM ar gyfer yr holl sesiynau Nofio Cyhoeddus Minimum of 42 weekly lessons per year + FREE swimming for all Public Swimming sessions	£23.99

PECYNNAU RHAGDALEDIG . PRE-PAID PACKAGES

Tocyn Wythnosol Weekly Ticket	Ystafelloedd ffitrwydd, dosbarthiadau ffitrwydd, nofio cyhoeddus, gwersi nofio, gwersi plymio a chwaraeon raced* + Anwythiad AM DDIM (arbed £13)	£25.30
Tocyn Misol Oedolyn Monthly Adult Ticket		£58.00
Tocyn Misol Consesiwn Monthly Concession Ticket		£43.50
Tocyn Diwrnod Day Ticket		£11.50
Tocyn Blynnyddol Oedolyn Annual Adult Ticket		Ystafelloedd ffitrwydd, dosbarthiadau ffitrwydd, nofio cyhoeddus, gwersi nofio, gwersi plymio a chwaraeon raced* + Beics Trydan + Anwythiad AM DDIM (arbed £13)
Tocyn Blynnyddol Consesiwn Annual Concession Ticket	Ystafelloedd ffitrwydd, dosbarthiadau ffitrwydd, nofio cyhoeddus, gwersi nofio, gwersi plymio a chwaraeon raced* + Beics Trydan + Anwythiad AM DDIM (arbed £13)	£450